

COTTON PATCH CAFÉ
ALLERGENS
 PREPARED BY JILL ELLIOTT, RDN, LD



	Dairy	Eggs	Fish	Crustacean Shellfish	Tree Nuts	Peanuts	Wheat	Soybeans
APPETIZERS								
Skillet Cornbread	✓	✓					✓	✓
Spinach Dip with salsa	✓						<i>mc</i>	✓
Homemade Queso & Salsa	✓						<i>mc</i>	✓
Cadillac Queso	✓						✓	✓
Chicken Fried Bacon-no gravy	✓						✓	
Mozzarella Sticks with marinara	✓						✓	
Fried Green Tomatoes-no dressing	✓						✓	
Fried Pickles-no dressing	✓						✓	
Onion Rings with Ranch	✓	✓					✓	✓
Bacon Cheese Fries with Ranch	✓	✓					✓	✓
SOUPS and such								
Potato Cheese Soup	✓						✓	✓
Chicken Tortilla Soup	✓						✓	✓
Chicken N' Dumplins	✓						✓	✓
SOUTHERN SIGNATURES (no fixin's)								
Mushroom Swiss Chicken Fried Steak	✓						✓	✓
Chicken Fried Steak-no gravy	✓						✓	
Chicken Fried Chicken-no gravy	✓						✓	
Chicken Fried Pork-no gravy	✓						✓	
Chicken Fried Tenders-no gravy or sauce	✓						✓	
Alfredo Pasta-chicken	✓	<i>mc</i>					✓	✓
Alfredo Pasta-shrimp	✓	<i>mc</i>		✓			✓	✓
Super Combo Fish & Shrimp-no sauce	✓	✓	✓	✓			✓	✓
Fried Catfish-no sauce	✓	✓	✓				✓	✓
Fried Shrimp-no sauce	✓	✓		✓			✓	✓
Meatloaf	✓	✓					✓	✓

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BASKETS (with fries)								
Shiner Fish & Chips-no sauce	✓	✓	✓				✓	✓
Steak Fingers-no gravy	✓						✓	
Chicken Tenders-no gravy	✓						✓	
Fried Catfish-no sauce	✓	✓	✓				✓	✓
Fried Shrimp-no sauce	✓	✓		✓			✓	✓
STEAKHOUSE (no sides)								
Sirloin								
NY Strip								
Ribeye								
Steak Add ons								
Shrimp-grilled (blackened)	✓			✓				✓
Shrimp-fried	✓	✓		✓			✓	✓
Shrimp-Santa Fe	✓			✓				✓
Grilled Entrees & Steak side options								
Loaded Baked Potato	✓							✓
Fresh Broccoli	✓							✓
Steamed Veggies	✓							✓
House Salad-with croutons, no dressing	✓	mc					✓	✓
Caesar Salad-with croutons, dressed	✓	✓	✓				✓	✓
GRILL (no fixin's)								
Santa Fe Duo	✓		✓	✓			✓	✓
Santa Fe Grilled Chicken	✓						✓	✓
Santa Fe Grilled Shrimp	✓			✓			✓	✓
Santa Fe Blackened Tilapia	✓		✓				✓	✓
Chipotle Maple Chicken with rice	✓						✓	✓
Center Cut Pork Chops	✓							✓
Grilled Cajun Duo	✓		✓	✓			✓	✓
Grilled Shrimp	✓			✓			✓	✓
Pecan Crusted Catfish with rice	✓	✓	✓		✓		✓	✓
Lemon Herb Grilled Salmon	✓		✓					✓
Honey BBQ Salmon with rice	✓		✓				✓	✓
Blackened Tilapia	✓		✓				✓	✓
SALADS								
Southwest Salad, no protein, no dressing	✓						mc	✓
Caesar Salad, no protein, dressed	✓	✓	✓				✓	✓
Tex Mex Salad, no protein, no dressing	✓						mc	✓

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Strawberry Pecan Salad, no protein, no dressing		mc			✓	mc	mc	mc
Cobb Salad, no protein, no dressing	✓	✓						
Pick your protein								
Angus Beef Patty								
Grilled Chicken	✓							✓
Fried Chicken	✓						✓	
Grilled Shrimp, blackened	✓			✓				✓
Grilled Shrimp, steak rub	✓			✓				✓
Fried Shrimp	✓	mc		✓			✓	mc
Lemon Herb Grilled Salmon	✓		✓					✓
Pick your dressing								
Homemade Ranch	✓	✓						✓
Honey Mustard		✓						
Avocado Ranch	✓	✓						✓
Thousand Island		✓						
Homemade Caesar	✓	✓	✓				✓	✓
Honey Lime	mc	✓			mc		mc	mc
Balsamic Vinaigrette	mc	mc					mc	mc
Low fat Ranch	✓	mc			mc		mc	mc
Blue Cheese	✓	✓			mc		mc	mc
Raspberry Walnut Vinaigrette	mc	mc			✓		mc	mc
LIGHTER PLATES								
Light Blackened Tilapia with rice	✓						✓	✓
Light Grilled Chicken with rice	✓						✓	✓
Light Lemon Herb Grilled Salmon	✓							✓
FIXIN'S								
Garlic Mashed Potatoes	✓							✓
Macaroni & Cheese	✓	mc					✓	✓
French Fries								
Baked Squash	✓	✓					✓	✓
Steamed Veggies	✓							✓
Fried Okra	✓						✓	
Fresh Broccoli	✓							✓
Southern Green Beans	✓							✓
Whole Kernel Corn	✓							✓
Sauteed Mushroom	✓							✓
Black-Eyed Peas								



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Cinnamon Apples	✓							
Broccoli Rice Casserole	✓					✓	✓	
Onion Rings	✓	✓				✓	✓	
Loaded Baked Potato	✓						✓	
Sweet Potato Fries								
SANDWICHES (no fries)								
Grilled Chicken Sandwich	✓					✓	✓	
Chicken Fried Pork Sandwich	✓					✓	mc	
Chicken Fried Chicken Sandwich	✓	✓				✓	mc	
Chicken Fried Chicken Sandwich-TEXAS Hot style	✓	✓				✓	mc	
Chicken Fried Steak Sandwich	✓	✓				✓	mc	
Chicken Fried Steak Sandwich-TEXAS Hot style	✓	✓				✓	mc	
The BLT		✓				✓	mc	
Turkey Club	✓	✓				✓	mc	
STEAKHOUSE BURGERS (no fries)								
Patty Melt	✓	✓				✓	✓	
Classic Burger	✓					✓	mc	
Nacogdoches Burger	✓	✓				✓	mc	
Three Cheese Bacon Burger	✓					✓	mc	
Add ons								
American Cheese	✓							
Swiss Cheese	✓							
Chicken Fried Bacon	✓					✓		
TEX-MEX								
Three Taco Plate-grilled chicken	✓	✓				✓	✓	
Three Taco Plate-fried chicken	✓	✓				✓	mc	
Three Taco Plate-grilled fish	✓	✓	✓			✓	✓	
Chicken Quesadilla	✓	mc				✓	✓	
Weekend Roast (no fixin's)								
Roasted Turkey & Dressing	✓	✓				✓	✓	
Pot Roast	✓					✓	✓	
Roasted Turkey & Dressing	✓	✓				✓	✓	
OTHER								
Chicken Spaghetti	✓	mc				✓		
Sauces & Gravy								
Brown Gravy	✓					✓	✓	
Cream Gravy	✓	mc				✓	✓	



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Jalapeno Gravy	✓	mc					✓	✓
Ketchup								
BBQ Sauce								
Tartar Sauce		✓						
Cocktail sauce								
DESSERTS								
Carrot Cake	✓	✓			✓		✓	✓
Blackberry Cobbler							✓	✓
Peach Cobbler							✓	✓
Vanilla Ice Cream	✓							
Dr Pepper Chocolate Cake	✓	✓					✓	✓
Mama's Special Butter Cake	✓	✓					✓	✓
DRINKS								
Soft Drinks (no ice)								
Coke								
Diet Coke								
Sprite								
Dr. Pepper								
Barq's Rootbeer								
Minute Maid Lemonade								
Coke Zero								
Iced Tea								
Iced Tea-unsweetened								
Iced Tea -sweetened								
Raspberry								
Peach								
Strawberry Lemonade								

Legend:

✓ = does contain

mc = may contain (manufactured in a facility that processes the allergens-may be added unintentionally as the result of cross-contact.)

blank field = does not contain



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